



Nutrition and food systems

Course: Improving nutrition through agriculture and food systems



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Using two realistic scenarios, this course illustrates the linkages between agriculture, food systems and nutrition, and describes existing opportunities for integrating nutrition into food system policies, investments and programmes. The course offers a series of examples of nutrition-sensitive policies and interventions, as well as an overview of the main initiatives and commitment on nutrition.



3 hours



Available in English

You will learn about

- Impact of malnutrition on individuals, society and economy
- Agriculture, the food system and nutrition
- Addressing the multisectoral nature of malnutrition
- Key recommendations for nutrition-sensitive programmes, investments and policies
- Examples of nutrition-sensitive interventions
- Initiatives and commitments for addressing malnutrition

Who is the course for?

The course is designed to assist professionals from any fields related to agriculture and food systems (inputs and production, processing, storage, transport and retailing, consumption) that are involved in shaping and implementing nutrition-sensitive programmes, investments and policies. This includes professionals working for development partners (i.e. international organizations, donor agencies, NGOs), for national governments or as independent consultants.

Key partners

This course was developed under the umbrella of the EU-FAO Programme on “Improved Global Governance for Hunger Reduction”, funded by the European Union (EU) and implemented by the Food and Agriculture Organization of the United Nations (FAO).

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How to access the course

1. Go to the e-learning center: www.fao.org/elearning, and select the category “Nutrition and food systems”
2. Register and log-in with your user name and password.



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 Registration is fast and easy.

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